WHCSA

BASKETBALL LEAGUE 2018



WEST HOUSTON CHRISTIAN SPORTS BASKETBALL COMMISSIONERS 2018

ADMINISTRATOR

Gail Hovanesian Miller C: 7 857-9422 whcsa@comcast.net

ASCENSION EPISCOPAL

Kari Hazard C: 210 633-4335 khazard@aeshouston.org

THE BRANCH SCHOOL

Betsy West W: 7 465-0288 westb@thebranchschool.org

CYPRESS CHRISTIAN

Jacob Spenn C: 2 924-2065 jacob.spenn@cypresschristian.org

DUCHESNE

Lance Veazey
W: 713 468-8211 C: 917 696-9321
lance.veazey@duchesne.org

FIRST BAPTIST ACADEMY

Rebecca White W: 7 290-2594 C: 817 701-5884 rebecca.white@hfba.org

GRACE

Wendy Wray C: 7 248-2670 wwray@gpch.org

HOLY SPIRIT

Marge Vinzant C: 8 274-4883 W: 7 468-5138 marvinzant@hses.org

MEMORIAL DRIVE METHODIST

Kim Kennedy W: 7 468-8356 C: 7 206-2370 kimkennedy@mdumc.org

PARATUS CLASSICAL ACADEMY

Nathan Adair C: 8 892-3608 nadair@paratusclassicalacademy.org

REGIS SCHOOL

Anthony Lofton C: 8 567-2215 alofton@theregisschool.org

SECOND BAPTIST

Joy Johnson W: 7 465-3408 C: 7 416-7780 joyjohnson@second.org

ST AMBROSE

Diane Cobble W: 7 686-6990 dcobble@sashornets.org

ST ELIZABETH ANN SETON

Johnny Misleh C: 8 443-3700 mislehj@yahoo.com

ST FRANCIS EPISCOPAL

Jeremy Cain C: 2 755-2844 sfsportsassociation@yahoo.com

ST FRANCIS de SALES

Hope Gassett C: 7 392-0174 hopegassett@hotmail.com

ST JEROME

Ricky Hernandez C: 832 576-8658 rickystjeromelifeteen@gmail.com

ST JOHN PAUL II

Deanne Gordon C: 713 447-8284 dgordon@jp2.org

ST MARK LUTHERAN

Colin Doyle C: 2 853-5015 colingraydoyle@yahoo.com

ST MARTINS EPISCOPAL

Sharon Fields C: 7 256-3024 sfields@stmartinsepiscopal.org

ST MICHAEL

Suzie Grech C: 734 717-1517 sgrech@stmichaelcs.org

ST THERESA MEMORIAL

Scott Sugalski C: 7 725-4554 s.sugalski@sttheresa.cc

ST THERESA SUGAR LAND

Lamar Holt W: 2 494-1156 lholt@sttheresacatholicschool.org

WEST HOUSTON CHRISTIAN SPORTS ASSOCIATION

COACHES ETHICS AGREEMENT

The WHCSA was created to provide the opportunity for the youth in our community to participate in team sports within a positive Christian environment. It exists for the children. Coaching in this league is a privilege and each coach has the responsibility to uphold the Ethics that the WHCSA has set forth.

I hereby pledge to uphold the Ethics of the WHCSA during my tenure as a coach in this league

- My conduct as a coach must be such as to bring HONOR to myself, my team, my church/school, and the sport of basketball
- I will place the spiritual, emotional and physical well-being of all children that I encounter above all else, including my own personal desire to win
- I fully understand that any disrespectful/angry/intimidating behavior directed towards any child in the league by a coach or assistant coach, is an immediate violation, and will be subject to the Zero Tolerance Policy stated below
- I will lead my team in prayer before each practice and game, and will encourage every child to lead a prayer during the course of the season, if they so desire
- I will be a positive role model for the children that I coach, leading by example in demonstrating Christian love, fair play and sportsmanship
- I will encourage active participation of all players, always remembering the wide range of development and ability within any age group
- I will be knowledgeable in the rules of the sport that I coach, and I will make every effort to teach these rules to my players
- I will provide a safe and healthy environment for my players. I will do my best to promote self-esteem, fun and friendship while teaching the fundamentals of the sport that I coach
- I will treat all facilities that I attend as I would my own church/school, and will demand the same of my team and their families
- I will ONLY address officials, opposing team players, parents and coaches in a POSITIVE, RESPECTFUL and ENCOURAGING manner in the spirit of the game
- I fully understand that the officials are the ultimate authority in the game. I will respect the officials and their authority before, during and after the game,

and demand the same of my players. I will not verbally or through gestures question or criticize an official's call or decision, in the presence of the players and spectators even though I may disagree with it

- I will in no way cause a disruption before, during or after any game that I am coaching. I will walk away from any inappropriate or negative situation, and follow the procedures for dealing with these issues, through the proper channels, with the proper league officials, AFTER I have left the game site
- I have a plan in place for handling a situation in which my team is winning by a large number of points, and I WILL use my plan
- I fully understand that the league prohibits teams from using professionals in the sport being coached, whether paid or unpaid, as coaches or consultants for their team before or during the season. (Exception would be the parent of a team member who is a professional in the sport being coached)
- I will remind my team parents that excessive cheering is not permitted, including but not limited to noisemakers, horns, bells, clapboards, drums and confetti. Failure to abide by this policy after warning will result in stoppage of game until items are removed from gymnasium
- I will uphold a drug, alcohol and tobacco-free sports environment for my players, and agree to refrain from the personal use of these substances at all practices and games

ZERO TOLERANCE POLICY

The WHCSA has adopted a Zero Tolerance Policy for any coach, assistant coach, parent or spectator who is removed from a game by an official. Any person removed from a game for any reason shall be suspended for the rest of the season. They will not be allowed to coach or attend games for the remainder of the season. The WHCSA will not entertain any type of appeal regarding the suspension.

Further, any inappropriate conduct on the part of any coach, assistant coach, player, parent, or spectator, before, during, or after any game while on WHCSA premises will be subject to the same Zero Tolerance Policy as outlined above. All participants in WHCSA activities are expected to abide by the Coaches and Parents Code of Ethics. Failure to do so may result in suspension from future WHCSA games.

I have read and will abide by the above Ethics Agreement, as well as the rules, regulations, guidelines and interpretations of the WHCSA. I have read and understand the Ethics Agreement and WHCSA Zero Tolerance Policy.

Signature	Date
Print Name	Church/School

WEST HOUSTON CHRISTIAN SPORTS ASSOCIATION

PARENTS/SPECTATORS ETHICS AGREEMENT

- My conduct as a parent or spectator must be such as to bring HONOR to myself, my team, my church/school, and the sport of basketball
- I will at all times during my child's sports related activities make his/her spiritual, emotional and physical well-being my number one priority
- I fully understand that any disrespectful/angry/intimidating behavior directed towards any child in the league by a parent or spectator, is an immediate violation, and will be subject to the Zero Tolerance Policy stated below
- I will lead by example in demonstrating Christian love, fair play and sportsmanship to all players, fans, officials, parents and coaches
- I will ONLY address the officials, opposing team players, parents and coaches in a POSITIVE, RESPECTFUL and ENCOURAGING manner, in the spirit of the game
- I will stand behind the coach and assistant coach and support his/her decisions at all times. I will not place the coach in a position to be concerned with my behavior, rather than the game being played
- I fully understand that the officials are the ultimate authority in the game. I will respect the officials and their authority before, during and after the game. I will not verbally or through gestures question or criticize an official's call or decision, in the presence of the players even though I may disagree with it
- I fully understand that excessive cheering is not permitted, including but not limited to noisemakers, horns, bells, clapboards, drums and confetti. Failure to abide by this policy after warning will result in stoppage of game until items are removed from gymnasium
- I will in no way disrupt the game I am attending. I will express concerns regarding any rules or calls only to the proper league officials, through the proper channels, once the game has concluded
- I will remember that the game is for the children, and not for the adults

ZERO TOLERANCE POLICY

The WHCSA has adopted a Zero Tolerance Policy for any coach, assistant coach, parent or spectator who is removed from a game by an official. Any person removed from a game for any reason shall be suspended for the rest of the season. They will not be allowed to coach or attend games for the remainder of the season. The WHCSA will not entertain any type of appeal regarding the suspension.

Further, any inappropriate conduct on the part of any coach, assistant coach, player, parent, or spectator, before, during, or after any game while on WHCSA premises will be subject to the same Zero Tolerance Policy as outlined above. All participants in WHCSA activities are expected to abide by the Coaches and Parents Code of Ethics. Failure to do so may result in suspension from future WHCSA games.

By participating in the WHCSA program,

I hereby agree to abide by the above Ethics Agreement, as well as the rules, regulations, guidelines and interpretations of the WHCSA. I have read and understand the Ethics Agreement and WHCSA Zero Tolerance Policy.

I have read the above, and understand that it is my responsibility to make any and all persons who will be in attendance at my child's sporting events during the course of the season aware of the WHCSA Ethics Agreement and Policies.

WEST HOUSTON CHRISTIAN SPORTS ASSOCIATION

BASKETBALL LEAGUE RULES

- Free Throws as follows:
 1st/2nd grade Boys/Girls will shoot from bottom of key 10 ft from goal
 3rd grade Boys/Girls will shoot from bottom of key 10 ft from goal
 4th/5/6thth grade Boys/Girls will shoot from a spot marked at 12 ft from goal
- NO WATER, FOOD OR DRINKS will be permitted in any WHCSA gymnasium with the exception of WATER for players which we ask be contained in a sports bottle with the child's name on it. Please do not leave bottles in gym, and clean up any spills immediately. Other exceptions would be milk/formula for babies, and any food/drink necessary for anyone with a health related issue, or our older adult spectators. Please clean up any spills or trash immediately.

WRISTBANDS – MAN TO MAN DEFENSE KINDERGARTEN

Colored wristbands will be provided to each team to assist with man to man defense in the <u>Kindergarten Division</u>.

Use of the wristbands is mandatory for all Kindergarten games.

A set of wristbands will be provided by the WHCSA. Coaches are responsible for bringing wristbands to each game, retrieving from players after game, and washing each week.

- Once a team takes a 20 point lead, the scorekeepers will STOP adding to that teams score on the scoreboard and in the scorebook. Once the losing team scores, the winning team may add points if they score. This process will repeat each time the point spread is 20.
- A half time free throw event will be held for all games K 4th grade. Once the halftime buzzer sounds, teams will line up at the basket they used during first half, and each player will shoot one at a time, as many shots as they can take in 1 min. 30 sec. Only 1 coach will be permitted to rebound, and only one basketball will be permitted. The team that scores the most baskets will earn one point towards the score. Any coach/spectator arguing about outcome of free throw contest will automatically disqualify that team from earning an extra point.
- All players must wear the same color t-shirt as one another if they desire to wear a t-shirt under their jersey. A color similar to the jersey color or white is recommended. Each gym will have on hand a set of pinnies to be used if two teams have the same jersey color. Jerseys must have numbers on the front and back.
- All jewelry, earrings, watches, hair accessories, etc. are prohibited during the game. NEWLY PIERCED EARS ARE NO EXCEPTION. Earrings MUST be removed for the game. Not tape or bandages placed over the earrings will be allowed. Each coach is responsible for advising parents and players about the earring rule before

the season begins. The officials will not engage in negotiations with any parent or coach insisting that earrings cannot be removed, etc. Any child who does not remove her earrings will not be allowed to play.

- No player may participate while wearing a cast or splint of any kind.
- Medical ID jewelry must be taped to the arm, or to the inside of the jersey.
- The head coach must stay in the designated coaches box at all times during the game. The assistant coach MUST remain seated during live ball play. The head coach is responsible for the actions of the assistant coach.
- AT ANY POINT IN THE GAME, AN OFFICIAL MAY AT HIS/HER DISCRETION REQUIRE THAT <u>BOTH HEAD</u> COACHES REMAIN SEATED FOR THE DURATION OF THE GAME.
- Only one coach and one assistant coach (a maximum of two adults) will be permitted on the bench at all games. NO ONE OTHER THAN players and coaches will be permitted within the bench area during the game. The WHCSA recommends that coaches wear designated coach's shirts or the same color shirts during games.
- SPECTATORS ARE NOT PERMITTED TO APPROACH THE SCORE TABLE, SCOREKEEPERS, BENCH, COACHES, OR OFFICIALS AT ANY TIME DURING THE GAME. FAILURE TO COMPLY MAY RESULT IN REMOVAL FROM THE GYM.
- Excessive cheering is not permitted, including but not limited to noisemakers, horns, bells, clapboards, drums and confetti. Failure to abide by this policy after warning will result in stoppage of game until items are removed from the gymnasium
- Players may register for and play on only ONE team in the WHCSA. Any deviation from this guideline MUST be discussed with league commissioner.
- Opposing coaches are asked to contact one another prior to league games to insure that each team is able to attend game, etc. This is to promote sportsmanship, fellowship, as well as to prevent teams from arriving at a gym with no opposing team to play, and no knowledge of forfeit.
- There are NO League sanctioned make up games. All coaches are strongly encouraged to play their games per the original schedule. If you know that you will have to forfeit a game at any time, it is your responsibility to contact your division commissioner and the opposing coach as soon as possible. If the opposing coach is in agreement, arrangements can be made to play a scrimmage at a practice time during the week. You and/or the opposing coach will be responsible for securing

time in a gym, and for officiating the game. No officials will be provided by the WHCSA.

- All Coaches and Assistant Coaches in the WHCSA will be responsible for reading, signing and abiding by the WHCSA Coaches Code of Ethics. All rules and policies from the Code of Ethics will be enforced throughout the season.
- Beginning with the 2018 season per UIL Rules, a basketball official may administer an OFFICIAL WARNING to the head or assistant coach or other bench personnel.
- Effective with the 2017-18 season, play will be stopped and an official warning will be given to the head coach and recorded in the scorebook for misconduct by the coach or other bench personnel unless the offense is judged to be major, in which case a technical foul shall be assessed. A warning NEED NOT be given if a technical is warranted.

Rationale: Stopping play and making sure that the bench and the coach know that an official warning has been given sends a clear message to everyone in the gym and impacts the behavior of the coach, and in some cases the behavior of the opposing coach. This change in behavior creates a better atmosphere and, many times, avoids the need to administer a technical foul.

- Beginning with the 2018 season per UIL Rules, basketball officials will use 2 hands instead of 1 to indicate the jersey number of the player being called for a foul.
- The committee also approved a change in the way officials signal a foul against a player. After verbally informing the offender, the official shall use fingers on two hands to indicate to the scorer the number of the offender and the number of free throws.

Rationale: This change was made to minimize reporting errors that occur between the officials and the scorekeepers. Two-handed reporting is easier for the scorekeepers to see and comprehend, and it is less confusing.

FACILITIES/SCHEDULES

Each church/school that participates in the WHCSA Basketball League must provide a gymnasium for game use, or provide monetary assistance towards a gym rental or other necessary expenses that the league may incur during the season.

We are blessed to be able to utilize these facilities for league play during our basketball season. It is the responsibility of every coach, parent, and player to treat these facilities with the utmost respect! Please remember the following important rules and impart them to your team members and their parents:

NO FOOD OR DRINKS ARE ALLOWED IN ANY GYMNASIUM!

(Team snacks should be distributed outside after the game, and trash should be placed in designated receptacles.)

PLAYERS AND SIBLINGS ARE TO BE UNDER ADULT SUPERVISION AT ALL TIMES! PLEASE ADVISE PARENTS NOT TO ALLOW THE CHILDREN TO PLAY IN OTHER PARTS OF THE BUILDING, OR OUTSIDE, WHILE PARENTS ARE IN THE GYM WATCHING THE GAME! CHILDREN ATTENDING GAMES MUST BE SEATED IN STANDS WITH PARENTS FOR SAFETY/INTERRUPTION OF GAME PURPOSES.

PLEASE DO NOT ALLOW TEAM MEMBERS TO BOUNCE BASKETBALLS OR PRACTICE IN THE HALLWAYS OF ANY FACILITY. ONLY PARTICIPATING MEMBERS OF THE GAMES WILL BE ALLOWED ON THE COURT AT HALF TIME. THIS WILL BE ENFORCED BY GYM ADMINISTRATORS AND SUPPORTED BY OFFICIALS.

PLEASE NOTE: Schedules are created based on gym availability. Regrettably, some divisions may have fewer total games scheduled during the season than others. This is the result of the participating church or school denying the league access to their gym on one or more dates during the season due to other events scheduled at their facility.

If there are an even number of teams in a division, each team will have the same number of games during the season.

If there are an odd number of teams in a division, some teams may have fewer games than others due to the necessity of a bye each week.

AGE GROUP DIVISIONS AND PLAYER ELIGIBILITY

BOYS

5/6th GRADE (May add two 6th graders maximum per team)

4th GRADE (May add two 5th graders maximum per team)

3rd GRADE (May add two 4th graders maximum per team)

2nd GRADE (May be Coed) (May add two 3rd graders maximum per team)

1st GRADE (May be Coed) (May add two 2nd graders maximum per team)

Kindergarten (May be Coed)

GIRLS

5/6th GRADE (May add two 6th graders maximum per team)

4th GRADE (May add two 5th graders maximum per team)

3rd GRADE (May add two 4th graders maximum per team)

 2^{nd} GRADE (May add two 3^{rd} graders maximum per team)

1st GRADE (May add two 2nd graders maximum per team)

Kindergarten (May be Coed)

PLEASE NOTE: A player may not concurrently represent any school basketball team and a WHCSA league team between 9/1 and 5/31 of the current school year.

Any team that is shown to have ineligible player will forfeit any games in which that player participates. The player will be immediately disqualified from league play for the remainder of the season. Further, the league will not tolerate the practice of deliberately playing ineligible players and accepting a forfeit.

ROSTERS AND SCOREBOOKS

- 1. League rules do not prohibit any player from "playing up" in an older division.
- 2. League rules do not prohibit girls from playing in any age group division.

- 3. Maximum recommended roster size is 12. Ideal maximum roster size is 10.
- 4. Minimum roster size 6. Ideal minimum roster size is 8.
- 5. ROSTERS MUST BE SET by the third game of the season. No additions will be allowed after the third game.
- 6. Each coach must have a complete and accurate roster in his/her possession at every game, and must provide this to the scorekeepers or referees, if requested to do so. The head coach should make every effort to provide his/her roster to the scorekeepers table upon arrival at gym.
- 7. Coaches will be responsible for providing the scorekeepers with an accurate list of players and their jersey numbers, as soon as the previous game is completed, or as their team takes the court for their pre-game warm up. This information will be recorded in the official scorebook. Failure to provide an accurate roster may result in a technical foul (charged to the team).
- 8. If a player's name is inadvertently omitted from the official scorebook, but that players name is entered on the team's official roster, and the roster is presented to the score table, then that player may have his/her name entered in the official scorebook and he/she may play the game. There shall be no penalty to the player or his/her team.

WHCSA

ZERO TOLERANCE POLICY

The league has adopted a Zero Tolerance position towards any coach, player or spectator who is ejected from any game or gym by a referee. Coaches are required to read and sign the Coaches Code of Ethics prior to the beginning of the season.

A coach, player or spectator who is ejected from a game for any reason shall be suspended for the remainder of the season. They will not be allowed to coach or attend games for the remainder of the season. Participation by the suspended party in any future WHCSA league activities will be determined by league officials on a case by case basis.

Further, ANY inappropriate conduct on the part of any coach, assistant coach, player, parent or spectator before during or after the game while on WHCSA premises will be subject to the same Zero Tolerance Policy as outlined above regardless of whether he/she is ejected from a game.

COACH ELIGIBILITY

Coaches in the WHCSA must be 21 years of age.

Coaches in the WHCSA are VOLUNTEERS. If a team is found to be utilizing the services of a professional coach or trainer whether paid or unpaid during practices or games, that team will be removed from the WHCSA Basketball League immediately.

A professional coach will be defined as a person who has previously made or currently makes his/her living playing, coaching or teaching basketball. The exception to this would be if the parent of a child on the team is a professional athlete or coach, and has volunteered to assist in coaching the team.

Further, referees employed by the WHCSA to officiate games will not be permitted to solicit and/or agree to assist any team by coaching, mentoring or otherwise consulting with a team during practices or games whether paid or unpaid.

WHCSA GENERAL GAME RULES

Rules will be National Federation of High School Associations unless otherwise noted.

All WHCSA Basketball League games will begin with a prayer offered by the Home team. All members of both teams and the officials will gather at center court to participate in the prayer. Coaches should encourage their players to offer the prayer. This league exists for the children, and their involvement in the prayer sets the tone for a positive experience.

- 1. A five to ten minute warm up period is desirable.
- 2. There will be 5 minutes between halves. 1 minute between other quarters.
- 3. Dunking IS NOT allowed in games or during pre game warm ups, to protect against injury to players and equipment. Penalty for violation will be ejection from game.
- 4. The following procedure will be used in dealing with late arrival of teams:

1-5 minutes late arrival: Regulation game: No warm up6-15 minutes late arrival: Shortened game: Length at officials discretion15 minutes or longer: Game will be cancelled.

5. MATCHING UP OF PLAYERS (1st – 4th Grade)
At the beginning of each period the coaches will have one minute to match up their players. After one minute the game clock will start. (It is recommended that players stand still at mid court, and coaches verbalize the guarding assignments quickly to each player.)

- 6. Each player MUST play a MINIMUM of ONE QUARTER of every game, FROM START TO FINISH IN ITS ENTIRETY. For example a player must be put in at the beginning of the quarter and not come out of the game at any point during that quarter, to satisfy his/her minimum requirement for league playing time. Exceptions to this rule are as follows:
- 1. If a player did not attend practice during the week, the coach may elect not to play the individual. In such a case, the player should not be dressed in full uniform, but may sit on the bench at the coach's discretion.
- 2. A parent may request that the player play less than a quarter or not at all.
- 3. If the opinion of the coach (before or during the game) the health, and/or safety of the player may be endangered due to the illness or injury, the player may play less than the minimum requirement.

If the player is to play less than the minimum requirement under provisions 1, 2, or 3 above, then the opposing coach and the officials must notified prior to the beginning of the game.

It is the responsibility of the scorekeeper to record players entering at the beginning of the quarter and to note in the scorebook if the player is removed before the quarter ends.

It is the responsibility of the official to check the status of the minimum quarter requirement for both teams at the end of the third quarter and notify the coaches if there is a problem.

The penalty for violation of the minimum playing time requirement will be immediate forfeiture of the game.

- 7. If a team has more than seven players no player on that team can play in ALL FOUR quarters of a game. (i.e. every player must sit out at least a full quarter)
- 8. Violation of the "man to man" or "no press" rules where applicable in an age division shall be regarded as a "delay of game"; the first violation resulting in a warning; each subsequent violation a technical foul.
- 9. Basketball sizes will be as follows:

Kindergarten: (27.5 inch – Junior or Youth Size or Size 5 Boys 1st -5th Grade/Girls divisions: Intermediate (28.5 inch) or Size 6

10. Goal Height will be as follows:

Kindergarten: : 8 foot goals Boys and Girls 1st and 2nd Grade : 8 foot goals Boys and Girls 3rd grade and up : 10 foot goals

11. Free throw Regulations will be as follows:

 $1^{st}/2^{nd}$ grade Boys/Girls will shoot from bottom of key - 10 ft from goal 3^{rd} grade Boys/Girls will shoot from bottom of key - 10 ft from goal $4^{th}/5/6^{th}$ grade Boys/Girls will shoot from a spot marked at 12 ft from goal

12. There will be no overtime play for tie scores in any division.

BOYS AND GIRLS 5/6th GRADE DIVISION

- 1. Games will be played with seven minute quarters with a clock which runs except during free throws, time outs, and in the last two minutes of each half when regulation clock stops are in effect.
- 2. The continuous quarter rule will be in effect.
- 3. Free throws will be shot from a mark on the court, 12 feet from the goal.
- 4. The bonus free throw situation will go into effect after the sixth foul in a half; a team will shoot on the seventh foul.
- 5. Each team may take 4 time outs per game, at any time, but not consecutively.
- 6. Back court pressure is not allowed: The defensive team must get back across the half court line after any change of possession regardless of reason (Ex: goals scored, turnovers, rebounds, etc.)
- 7. Any defensive strategy (man to man or zone) will be permitted. In all cases, backcourt pressure is prohibited. (See item 9 in General Rules)
- 8. The time for a foul lane violation will be 5 seconds instead of the usual 3 seconds.
- 9. A coach is allowed only 2 personal-direct (brought on by the coach) technical fouls per game; or 1 personal and 2 team technical fouls; or 3 team technical fouls. Any coach who receives two personal-direct technical fouls in any game will be considered ejected and must leave the court and vicinity (out of sight of playing area) within one minute of ejection. In the event of a head coach ejection, the assistant coach will stand in for the remainder of the game. If there is no assistant coach available, the game will be forfeited. Failure to comply with the rules of ejection may result in forfeiture of game.
- 10. Any coach, player or spectator who engages in a physical or verbal altercation in connection with the WHCSA Basketball League is subject to suspension for the remainder of the season, and the possibility of permanent suspension from the league. See WHCSA Zero Tolerance Policy.

BOYS AND GIRLS 1st - 4TH GRADE DIVISIONS

- Games will be played with seven minute quarters with a clock which runs except during free throws, time outs, and in the last two minutes of each half when regulation clock stops are in effect.
- 2. The continuous quarter rule will be in effect.
- 3. 1st, 2nd and 3rd Grades: Free throws will be shot from the bottom of the key 10 ft 4th Grade: Free throws will be shot from a mark on the court, 12 ft from the goal.
- 4. The bonus free throw situation will go into effect after the sixth foul in a half; a team will shoot on the seventh foul.
- 5. Each team may take 4 time outs per game, at any time, but not consecutively.
- 6. DEFENSE WILL BE MAN TO MAN. Any defense that is clearly a zone is illegal. Man to man will be defined as follows:
 - A. A defender will play within 6 feet of the person being defended except that:
 - 1. He need not guard his person if said person is only trying to lure the defender away from the basket as when participating in a "clear out" play or when standing near the center court line.
 - B. Double-teaming is not allowed at the center court line or once the ball has crossed the line. Players may only double-team the offensive player with the ball inside the paint. The paint is defined as the full size lane.
 - C. Double-teaming is not allowed if one or more of the defenders is always chasing the ball.
 - D. The officials (referees) shall determine whether a defense is legal. It is a "judgment call" and as such will be final with no appeal.
 - E. Illegal defense is considered a "delay of game"; the first violation shall result in a warning; all subsequent violations are technical fouls.
- 7. Stealing will be permitted as follows by division:
 - 1st Grade Boys and Girls: Stealing permitted on pass
 - 2nd Grade Boys and Girls: **Stealing permitted on pass and dribble**
 - 3rd Grade Boys and Girls and Up: **Stealing permitted anytime**
- 8. The time for a foul lane violation will be 5 seconds instead of the usual 3
- 9. A coach is allowed only 2 personal-direct (brought on by the coach) technical fouls per game; or 1 personal and 2 team technical fouls; or 3 team technical fouls. Any coach who receives two personal-direct technical fouls in any game will be considered

ejected and must leave the court and vicinity (out of sight of playing area) within one minute of ejection. In the event of a head coach ejection, the assistant coach will stand in for the remainder of the game. If there is no assistant coach available, the game will be forfeited. Failure to comply with the rules of ejection may result in forfeiture of game.

10. Any coach, player or spectator who engages in a physical or verbal altercation in connection with the WHCSA Basketball League is subject to suspension for the remainder of the season, and the possibility of permanent suspension from the league.

BOYS AND GIRLS KINDERGARTEN DIVISION

The purpose of this division will be to introduce the game of basketball to Pre-K and Kindergarten age children. This will be an instructional experience focusing on the basic skills of the sport, while encouraging sportsmanship and teamwork within a Christian environment.

Practices will be held immediately prior to the game on Saturdays

There will be a short break period between the practice and the game

The referees in this division will officiate as well as offer instruction, support and encouragement on the court. They will observe and participate during the practice prior to the game. The coaches will remain on the sidelines during the game and support the officials by offering affirmation and praise for the children

EQUIPMENT: Basketball size: Junior/Youth Size - 27.5_____Goal Height: 8.0 feet

Each game will begin with a prayer. Players, coaches, officials and parents from both teams will gather at center court for the prayer.

There will be no called fouls: Instruction and redirection

There will be no traveling calls: Instruction and redirection

There will be no 3 second rule: Instruction and change of possession when necessary

No stealing will be allowed: Instruction and redirection

Practice will be held for 5 minutes before the game

There will be a 2 minute break between the practice and game

Games will be 7 minute quarters with a running clock. 3 minutes for halftime

Players will be matched up by officials prior to each quarter.

DEFENSE WILL BE MAN TO MAN

Back court pressure is not allowed: The defensive team must get back across the half court line after any change of possession regardless of reason (ex. Goals scored, turnovers, rebounds, etc.)

Free substitution will be permitted. The focus will be on equal playing time for all.

Each team may take 4 time outs per game

There will be no overtime. Games will stand at tie.

WEST HOUSTON CHRISTIAN BASKETBALL FACILITY LOCATIONS

GRACE PRESBYTERIAN CHURCH

10221 Ella Lee Lane Westheimer @Beltway 8

HOLY SPIRIT EPISCOPAL SCHOOL

12535 Perthsire Road Near Memorial and Tallowood

PARATUS ACADEMY

1610 Campbell Road/77055

MEMORIAL DRIVE UNITED METHODIST CHURCH

12955 Memorial Drive Memorial Drive West of Beltway 8

REGIS SCHOOL

7330 Westview Dr/77055

SECOND BAPTIST CHURCH

6400 Woodway Drive at Voss Road

ST AMBROSE CATHOLIC SCHOOL

4213 Mangum Road/77092 US 290 and Antoine

ST FRANCIS de SALES

8100 Roos Road Mary Bates @ Beechnut

ST FRANCIS EPISCOPAL

NEW * South Campus 2300 S Piney Point Road Btwn Westheimer and Briarforest Main Campus 345 Piney Point Road Briarforest and Piney Point

ST JEROME CATHOLIC CHURCH

8825 Kempwood North of I-10 and Long Point

ST MARTINS EPISCOPAL CHURCH

717 Sage Road 3 Blocks West of Woodway

ST MICHAEL CATHOLIC CHURCH

1833 Sage Road Sage @ San Felipe

WEST HOUSTON CHRISTIAN SPORTS ASSOCIATION

BASKETBALL FACILITY GUIDELINES

Please review the following guidelines for the WHCSA facilities It is imperative that we all work together as role models for the children! Please respect the facilities that we are privileged to use!

NO FOOD OR DRINKS PERMITTED IN ANY WHCSA GYM

PLAYERS MAY BRING CLOSED CONTAINER WATER
BOTTLES TO BENCH
PLEASE BE MINDFUL AND CLEAN SPILLS
IMMEDIATELY

PLEASE - NO PETS ALLOWED ON ANY CAMPUS (EXCEPT DISABILITY DOGS)

PLEASE SUPERVISE YOUR CHILDREN AT ALL TIMES IN GYM, RESTROOMS, OUTDOORS

PLEASE – LOCK and HIDE
DO NOT LEAVE VALUABLES IN YOUR CAR
LOCK YOUR CAR WHEN YOU EXIT

PLEASE-DISPOSE OF ALL TRASH BEFORE YOU LEAVE GYM

NO ALCOHOL, TOBACCO PRODUCTS OR E – CIGS ARE PERMITTED ON ANY CAMPUS