9/26/2022

9/30/2022

	9/26/2022	9/27/2022	9/28/2022	9/29/2022	9/30/2022		
	Monday	Tuesday	Wednesday	Thursday	Friday		
_		ALL MEALS WILL COME WITH ONE SIDE, FRUIT OPTION, DESSERT, AND DRINK					
Chef's Entrée **	Sloppy Joe Sandwich Pickle Grilled Veggies	Cheese, Beef and Bean Burrito Grilled Veggies	Spaghetti & Meatsauce California Veg Medley	Chicken Teriyaki Steamed Rice Stir Fry Veggies	Pasta Bake Side Salad Fruit		
Kids Pick **	Chicken Tenders Mashed Potatoes & Gravy	Grilled Hot Dog Chili n Cheese Tator Tots	Pancake or French Toast Bacon or Sausage Hashbrown	Hamburgers / Cheese French Fries	Pepperonni Pizza Cheese Pizza Side Salad		
Sandwiches	WoWButter & Jelly Italian Sub	WowButter & Jelly Crispy Chicken Wrap	WowButter & Jelly Ham & Cheese	WowButter & Jelly BLT	WowButter & Jelly		
Ready Made Salads	Small Garden Salad Crispy Chicken Salad	Small Garden Salad Taco Salad	Small Garden Salad Cobb Salad	Small Garden Salad Chef Salad	Chicken Caesar Salad		
Baked Potatoes	Cheddar Cheese, Bacon bits and Sour Cream						
Beverage Bar	Apple Juice White Milk, Chocolate Milk Water						
Snacks	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips		
Dessert	Pudding	Brownie	Cookie	Jello	Cake		





10/3/2022

10/7/2022

	10/3/2022	10/4/2022	10/5/2022	10/6/2022	10/7/2022		
	Monday	Tuesday	Wednesday	Thursday	Friday		
	ALL MEALS WILL COME WITH ONE SIDE, FRUIT OPTION, DESSERT, AND DRINK						
Chef's Entrée **	Grilled Cheese w/ Tomato Soup	Grilled Chicken Quesadillas Spanish Rice, Corn	Chicken Fried Steak Fingers w/ Country Gravy Mashed Potatoes and Green Beans	Pork Egg Rolls Fried Rice Broccoli	Pasta Bake Side Salad Fruit		
Kids Pick **	Chicken Nuggets Mac & Cheese	Mini Corndogs Corn	Cheese Ravioli Green Beans	Hamburgers / Cheese French Fries	Pepperonni Pizza Cheese Pizza Side Salad		
Sandwiches	WoWButter & Jelly Ham & Cheese	WowButter & Jelly Turkey & Cheese	WowButter & Jelly Crispy Chicken Wrap	WowButter & Jelly BLT	WowButter & Jelly		
Ready Made Salads	Small Garden Salad Crispy Chicken Salad	Small Garden Salad Taco Salad	Small Garden Salad Cobb Salad	Small Garden Salad Chef Salad	Chicken Caesar Salad		
Baked Potatoes	Cheddar Cheese, Bacon bits and Sour Cream						
Beverage Bar	Apple Juice White Milk, Chocolate Milk Water						
Snacks	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips		
Dessert	Pudding	Brownie	Cookie	Jello	Cake		





10/10/2022

10/14/2022

	10/10/2022	10/11/2022	10/12/2022	10/13/2022	10/14/2022	
	Monday	Tuesday	Wednesday	Thursday	Friday	
	ALL MEALS WILL COME WITH ONE SIDE, FRUIT OPTION, DESSERT, AND DRINK					
Chef's Entrée **		Crispy / Soft Beef Tacos Lettuce, Tomato, Cheese Spanish Rice / Corn	Meatloaf w/ Gravy Mashed Potatoes Green Beans	Orange Chicken Steamed Rice Stir Fry Veggies	Pasta Bake Side Salad Fruit	
Kids Pick **		Grilled Hot Dog Chili n Cheese Tator Tots	Pancakes or French Toast Bacon or Sausage Hashbrown	Hamburgers / Cheese French Fries	Pepperonni Pizza Cheese Pizza Side Salad	
Sandwiches		WowButter & Jelly Ham & Cheese	WowButter & Jelly Crispy Chicken Wrap	WowButter & Jelly Crispy Chicken Wrap	WowButter & Jelly	
Ready Made Salads		Small Garden Salad Taco Salad	Small Garden Salad Cobb Salad	Small Garden Salad Chef Salad	Chicken Caesar Salad	
Baked Potatoes		Cheddar Cheese, Bacon bits and Sour Cream				
Beverage Bar		Apple Juice White Milk, Chocolate Milk Water				
Snacks		Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	
Dessert		Brownie	Cookie	Jello	Cake	





10/17/2022

10/21/2022

	10/17/2022	10/18/2022	10/19/2022	10/20/2022	10/21/2022		
	Monday	Tuesday	Wednesday	Thursday	Friday		
	ALL MEALS WILL COME WITH ONE SIDE, FRUIT OPTION, DESSERT, AND DRINK						
Chef's Entrée **	Chili Mac n Cheese Corn on the Cobb	Cheese, Beef and Bean Burrito Grilled Veggies	Seared Chicken in Cream Sauce Green Beans	Pork Egg Rolls Steamed Rice Stir Fry Veggies	Pasta Bake Side Salad Fruit		
Kids Pick **	Chicken Nuggets Mac & Cheese	Mini Corndogs Tator Tots	Grilled Cheese Veggies	Hamburgers / Cheese French Fries	Pepperonni Pizza Cheese Pizza Side Salad		
Sandwiches	WoWButter & Jelly Italian Sub	WowButter & Jelly Ham & Cheese	WowButter & Jelly Turkey Wrap	WowButter & Jelly BLT	WowButter & Jelly		
Ready Made Salads	Small Garden Salad Crispy Chicken Salad	Small Garden Salad Taco Salad	Small Garden Salad Cobb Salad	Small Garden Salad Chef Salad	Chicken Caesar Salad		
Baked Potatoes	Cheddar Cheese, Bacon bits and Sour Cream						
Beverage Bar	Apple Juice White Milk, Chocolate Milk Water						
Snacks	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips		
Dessert	Pudding	Brownie	Cookie	Jello	Cake		





10/24/2022

10/28/2022

	10/24/2022	10/25/2022	10/26/2022	10/27/2022	10/28/2022		
	Monday	Tuesday	Wednesday	Thursday	Friday		
_	ALL MEALS WILL COME WITH ONE SIDE, FRUIT OPTION, DESSERT, AND DRINK						
Chef's Entrée **	Grilled Cheese w/ Tomato Soup	Grilled Chicken Quesadillas Spanish Rice, Corn	Chicken Pot Pie	Chicken Teriyaki Steamed Rice Stir Fry Veggies	Pasta Bake Side Salad Fruit		
Kids Pick **	Chicken Tenders Mashed Potatoes & Gravy	Grilled Hot Dog Chili n Cheese Tator Tots	Pancake or French Toast Bacon or Sausage Hashbrown	Hamburgers / Cheese French Fries	Pepperonni Pizza Cheese Pizza Side Salad		
Sandwiches	WoWButter & Jelly Ham & Cheese	WowButter & Jelly Crispy Chicken Wrap	WowButter & Jelly Turkey & Cheese	WowButter & Jelly BLT	WowButter & Jelly		
Ready Made Salads	Small Garden Salad Crispy Chicken Salad	Small Garden Salad Taco Salad	Small Garden Salad Cobb Salad	Small Garden Salad Chef Salad	Chicken Caesar Salad		
Baked Potatoes	Cheddar Cheese, Bacon bits and Sour Cream						
Beverage Bar	Apple Juice White Milk, Chocolate Milk Water						
Snacks	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips		
Dessert	Pudding	Brownie	Cookie	Jello	Cake		





10/31/2022

11/4/2022

	10/31/2022	11/1/2022	11/2/2022	11/3/2022	11/4/2022		
	Monday	Tuesday	Wednesday	Thursday	Friday		
_	ALL MEALS WILL COME WITH ONE SIDE, FRUIT OPTION, DESSERT, AND DRINK						
Chef's Entrée **	Cheese Ravioli w/ Creamy Tomato Sauce Veggies	Crispy / Soft Tacos Lettuce, Tomato, Cheese Spanish Rice / Corn	Chicken Tettrazzini w/ Veggies	Orange Chicken Steam Rice Veggies	Pasta Bake Side Salad Fruit		
Kids Pick **	Chicken Nuggets Mac & Cheese	Mini Corndogs Corn	Beef Lasagna Veggies	Crispy Chicken Sandwich French Fries	Pepperonni Pizza Cheese Pizza Side Salad		
Sandwiches	WoWButter & Jelly Italian Sub	WowButter & Jelly Ham & Cheese	WowButter & Jelly Turkey Wrap	WowButter & Jelly BLT	WowButter & Jelly		
Ready Made Salads	Small Garden Salad Crispy Chicken Salad	Small Garden Salad Taco Salad	Small Garden Salad Cobb Salad	Small Garden Salad Chef Salad	Chicken Caesar Salad		
Baked Potatoes	Cheddar Cheese, Bacon bits and Sour Cream						
Beverage Bar	Apple Juice White Milk, Chocolate Milk Water						
Snacks	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips	Carrots, Celery, Whole Fruit, Yogurt, Cheese Stick, Boiled Egg, Fruit Bowl, Oreo, Rice Crispy, Ice Cream, Chips		
Dessert	Pudding	Brownie	Cookie	Jello	Cake		



