



# Menu for the week of

**8/13/2018**

-

**8/17/2018**

	8/13/2018 Monday	8/14/2018 Tuesday	8/15/2018 Wednesday	8/16/2018 Thursday	8/17/2018 Friday
<b>Soup</b>		<i>Meet and Greet</i>	*****	*****	*****
<b>Chef's Entree</b>			Chicken Nugget with Oven Fries	Brunch for Lunch Pancakes/Sausage	Pepperoni/Cheese Pizza served with Fresh Fruit
<b>Fresh Vegetables</b>			Mixed Veggies	Hash Browns	Side Salad
<b>Kids Pick</b>			Hamburger/Cheeseburger	French Toast Sticks	Pasta Bake
<b>Kid Pick Sides</b>			Veggie Cup	Veggie Cup	Veggie Cup
<b>Deli Sandwich</b>			Ham and Cheese	Grilled Chicken Wrap	*****
<b>Salad of the Day</b>			Grilled Chicken Salad	Chef Salad	Chicken Caesar Salad
<b>Baked Potatoes</b>			Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream
<b>Beverages</b>			100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water
<b>Dessert</b>			Pudding	Baked Apples	Peach Cup

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

**PreK-1st - \$5.05; 2nd-5th \$5.65; 6th-8th \$6.20**

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP





# Menu for the week of

**8/20/2018**

-

**8/24/2018**

	<b>8/20/2018 Monday</b>	<b>8/21/2018 Tuesday</b>	<b>8/22/2018 Wednesday</b>	<b>8/23/2018 Thursday</b>	<b>8/24/2018 Friday</b>
<b>Soup</b>	*****	*****	*****	*****	*****
<b>Chef's Entree</b>	Chicken Fried Steak Mashed Potatoes/Gravy	Beef & Bean Burrito Spanish Rice	Spaghetti with Meat Sauce Breadstick	Egg Rolls Asian Rice	Pepperoni/Cheese Pizza served with Fresh Fruit
<b>Fresh Vegetables</b>	Peas	Corn	Green Beans	Broccoli	Side Salad
<b>Kids Pick</b>	Chicken Tenders	Hot Dog with Chips	Corn Dog with Chips	Chicken Nuggets	Alfredo Noodles
<b>Kid Pick Sides</b>	Veggie Cup	Veggie Cup	Veggie Cup	Veggie Cup	Veggie Cup
<b>Deli Sandwich</b>	BLT	Wow Butter & Jelly	Grilled Chicken Wrap	Turkey Sandwich	*****
<b>Salad of the day</b>	Crispy Chicken Salad	Taco Salad	Garden Salad	Grilled Chicken Salad	Chicken Caesar Salad
<b>Baked Potatoes</b>	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream
<b>Beverages</b>	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water
<b>Dessert</b>	Pudding	Cookie	Jello	Brownie	Mandarin Orange Cup

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

**PreK-1st - \$5.05; 2nd-5th \$5.65; 6th-8th \$6.20**

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



**DINING SERVICE**



# Menu for the week of

**8/27/2018**

-

**8/31/2018**

	<b>8/27/2018 Monday</b>	<b>8/28/2018 Tuesday</b>	<b>8/29/2018 Wednesday</b>	<b>8/30/2018 Thursday</b>	<b>8/31/2018 Friday</b>
<b>Soup</b>	*****	*****	*****	*****	*****
<b>Chef's Entree</b>	Fish Sticks Mac 'n Cheese	Soft Beef Tacos Spanish Rice	Brunch for Lunch Pancakes & Sausage	Orange Chicken Asian Rice	Pepperoni/Cheese Pizza served with Fresh Fruit
<b>Fresh Vegetables</b>	Mixed Veggies	Corn	Hash Browns	Broccoli	Side Salad
<b>Kids Pick</b>	Chicken Tenders	Hot Dog with Chips	French Toast Sticks	Hamburger/Cheeseburger	Pasta Bake
<b>Kid Pick Sides</b>	Veggie Cup	Veggie Cup	Veggie Cup	Veggie Cup	Veggie Cup
<b>Deli Sandwich</b>	Italian Sub	Wow Butter & Jelly	Grilled Chicken Wrap	Turkey Sandwich	*****
<b>Salad of the Day</b>	Cobb Salad	Taco Salad	Chef Salad	Mandarin Orange Salad	Chicken Caesar Salad
<b>Baked Potatoes</b>	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream
<b>Beverages</b>	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water
<b>Dessert</b>	Pudding	Cookie	Baked Apples	Brownie	Peach Cup

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

**PreK-1st - \$5.05; 2nd-5th \$5.65; 6th-8th \$6.20**

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



**DINING SERVICE**



# Menu for the week of

**9/3/2018**

-

**9/7/2018**

	9/3/2018 Monday	9/4/2018 Tuesday	9/5/2018 Wednesday	9/6/2018 Thursday	9/7/2018 Friday
<b>Soup</b>		*****	*****	*****	*****
<b>Chef's Entree</b>	<b>LABOR DAY</b>	Beef & Bean Burrito Spanish Rice	Ravioli with Breadstick	Egg Rolls Asian Rice	Pepperoni/Cheese Pizza served with Fresh Fruit
<b>Sides</b>		Corn	Green Beans	Broccoli	Side Salad
<b>Kids Pick</b>		Hot Dog with Chips	Grilled Cheese & Tomato Soup	Hamburger/Cheeseburger	Alfredo Noodles
<b>Kid Pick Sides</b>		Veggie Cup	Veggie Cup	Veggie Cup	Veggie Cup
<b>Deli Sandwich</b>		Ham & Cheese	Chicken Wrap	BLT	*****
<b>Salad of the Day</b>		Taco Salad	Garden Salad	Crispy Chicken Salad	Chicken Caesar Salad
<b>Baked Potatoes</b>		Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream
<b>Beverages</b>		100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water
<b>Dessert</b>		Pudding	Jello	Brownie	Mandarin Orange Cup

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

**PreK-1st - \$5.05; 2nd-5th \$5.65; 6th-8th \$6.20**

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



**DINING SERVICE**



# Menu for the week of

**9/10/2018**

-

**9/14/2018**

	<b>9/10/2018 Monday</b>	<b>9/11/2018 Tuesday</b>	<b>9/12/2018 Wednesday</b>	<b>9/13/2018 Thursday</b>	<b>9/14/2018 Friday</b>
<b>Soup</b>	*****	*****	*****	*****	*****
<b>Chef's Entree</b>	Salisbury Steak Mashed Potatoes/Gravy	Chicken Enchilada Spanish Rice	Meatball Sub	Oven Roasted Chicken Leg Mashed Potatoes	Pepperoni/Cheese Pizza served with Fresh Fruit
<b>Fresh Vegetables</b>	Buttered Carrots	Corn	Oven Fries	Peas	Side Salad
<b>Kids Pick</b>	Chicken Tenders	Hot Dog with Chips	BBQ Rib Sandwich	Corn Dog with Chips	Pasta Bake
<b>Kid Pick Sides</b>	Veggie Cup	Veggie Cup	Veggie Cup	Veggie Cup	Veggie Cup
<b>Deli Sandwich</b>	Turkey Sandwich	Wow Butter & Jelly	Grilled Chicken Wrap	BLT	*****
<b>Salad of the Day</b>	Crispy Chicken Salad	Taco Salad	Garden Salad	Chef Salad	Chicken Caesar
<b>Baked Potatoes</b>	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream
<b>Beverages</b>	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water
<b>Dessert</b>	Pudding	Cookie	Jello	Brownie	Peach Cup

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

**PreK-1st - \$5.05; 2nd-5th \$5.65; 6th-8th \$6.20**

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



**DINING SERVICE**



# Menu for the week of

**9/17/2018**

-

**9/21/2018**

	<b>9/17/2018 Monday</b>	<b>9/18/2018 Tuesday</b>	<b>9/19/2018 Wednesday</b>	<b>9/20/2018 Thursday</b>	<b>9/21/2018 Friday</b>
<b>Soup</b>	*****	*****	*****	*****	*****
<b>Chef's Entree</b>	Fish Sticks Mac 'n Cheese	Soft Beef Taco Spanish Rice	Spaghetti with Meat Sauce Breadstick	Egg Rolls Asian Rice	Pepperoni/Cheese Pizza served with Fresh Fruit
<b>Fresh Vegetables</b>	Mixed Veggies	Corn	Green Beans	Broccoli	Side Salad
<b>Kids Pick</b>	BBQ Rib Sandwich	Chicken Nuggets	Corn Dog with Chips	Hamburger/Cheeseburger	Alfredo Noodles
<b>Kid Pick Sides</b>	Veggie Cup	Veggie Cup	Veggie Cup	Veggie Cup	Veggie Cup
<b>Deli Sandwich</b>	Ham & Cheese	Wow Butter & Jelly	Italian sub	Grilled Chicken Wrap	*****
<b>Salad of the Day</b>	Grilled Chicken Salad	Taco Salad	Garden Salad	Cobb Salad	Chicken Caesar Salad
<b>Baked Potatoes</b>	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream
<b>Beverages</b>	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Orange Juice, 2% Milk or Fat Free Chocolate Milk, Water
<b>Dessert</b>	Pudding	Cookies	Jello	Brownie	Mandarin Orange Cup

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

**PreK-1st - \$5.05; 2nd-5th \$5.65; 6th-8th \$6.20**

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



**DINING SERVICE**