

SUMMER VOLLEYBALL CAMPS 2008

All Skills Camp for Beginners

Four days of volleyball instruction:

June 23rd-27th...Mon, Tues, Thurs, & Fri. (6-8:30pm)

Openings for girls entering 7th -9th grade.

This camp will focus on introducing basic volleyball skills, movements and rotations to novice volleyball players. Drills are structured to emphasize the basic skills and fundamentals needed to play junior high volleyball. Skills taught are serving, passing, setting, attacking (emphasizing correct arm-swing mechanics), and defense, with group competition. We teach the game in a fun and positive environment. It will be a week of volleyball you'll never forget!

All Skills Camp - Intermediate

**Players must have at least one year of playing experience to enroll in this camp.*

Four days of volleyball instruction for players with some volleyball experience:

July 7th-11th...Mon, Tues, Thurs, & Fri. (6-8:30pm)

Openings for girls entering 7th -10th grade.

This camp is designed to teach younger players the necessary individual skills and team concepts needed to become competitive volleyball players. It is intended for those players who want to develop and strengthen all the fundamental skills of volleyball. Skills that will be covered include setting, passing, hitting, blocking, defense, and serving. In addition, strategies and team concepts will be taught through fun, competitive team drills.

**** NOT FOR BEGINNERS**

Volleyball Boot Camp

Six days of intense volleyball condition:

July 21st - Aug 1st...Mon, Wed & Fri. (6 -7:30pm)

Intense core conditioning mixed with high level & fast-paced drills are what Boot Camp is all about! Designed with maximum repetitions on all skill sets (passing, setting, attacking, defense etc.) in mind, this camp is a great way to shake the dust off for tryouts. Boot Camp runs Mon., Wed., & Fri. for 2 weeks prior to school season. Open to all level of players, Grades 8-12.



CAMP STAFF

Head Coach

Coach Katie Wilson enters her 2nd year as Head Volleyball Coach at Pope John XXIII and brings 11 years coaching to the table. Coupled with over 20 years of playing experience, Coach Wilson leads her camps with a passion and intensity campers will enjoy!

Staff:

Coach Michelle Kubosh: Former Pope John XXIII JV Volleyball Coach. Experience coaching at the Junior College level also.

Shannon Simon, 11 years coaching experience & 27yrs competitive player. Area referee.

Other local coaches and former volleyball players of Coach Wilson will be assisting.

REGISTRATION

Camper Name: _____

Address: _____

City: _____ Zip: _____

Phone: _____ Age: _____

Email: _____

School Next Fall: _____

Grade Entering: _____ Experience: High School Jr High Club

Position: setter outside hitter middle blocker defensive specialist

T-Shirt Size (Adult) S M L XL

Select which camp you are attending

- All Skills – Beginners - June 23 – June 27 (6 –8:30pm) \$135
- All Skills – Intermediate – July 7 – July 11 (6 –8:30pm) \$135
- Volleyball Boot Camp - July 21-Aug 21 (6-7:30pm) \$110
- I am enclosing deposit of \$70.00 (DEPOSIT IS NONREFUNDABLE)
*Balance due before participation
- I am enclosing full payment of _____

Emergency Contact Information:

Parent/Guardian Name: _____

Emergency Phone: _____

Parent Signature: _____

Make checks payable to: Katie Wilson

Address 18419 Autumn Hills Dr, Katy TX 77449

A \$70 non-refundable deposit is due by May 21st 2008. Remaining balance is due by June 5th 2008

Contact kwilson@pj23.org with any questions.

**CAMPS HELD AT POPE JOHN XXIII HIGH SCHOOL
1800 WEST GRAND PARKWAY,
KATY, TX 77449**